American Society for Nutrition
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ASN EST. 1928

NUTRITION LIVE ONLINE 2020

JUNE 1-4, 2020 • BROUGHT TO YOU BY THE ASN FOUNDATION

Virtual Abstract Presentations: Information for Presenting Authors

Congratulations on having your abstract accepted for presentation for Nutrition 2020. Due to the cancellation of the Nutrition 2020 meeting which was to be held in Seattle, WA, accepted abstracts will be presented as part of ASN's virtual meeting, **Nutrition 2020 LIVE Online**, which will be held from June 1-4, 2020.

Thanks to the support of the ASN Foundation, Nutrition 2020 LIVE Online is free of charge for all attendees and participants, including abstract presenting authors. More information about the full meeting schedule and registration process will be available in early May.

Abstracts will be presented as **virtual abstract presentations** only. Our typical oral, flash, and poster sessions will **not** occur through live streaming during Nutrition 2020 LIVE Online. However, the virtual abstract presentations (that would have been assigned to oral, flash, and poster sessions) will be accessible through and highlighted in special areas of the Nutrition 2020 LIVE Online schedule planner and mobile app.

The following information will be available for each abstract:
- Abstract title, text, and author list
- ePoster (PDF)
    a. Optional
    b. Submission opens: May 12
    c. Submission deadline: May 31
- Audio presentation of up to 10 minutes to accompany the ePoster (audio file)
    a. Optional
    b. Submission opens: May 12
    c. Submission deadline: May 31

Beginning on May 12, presenting authors will be invited to use ASN's online abstract presenter portal to upload an ePoster. If an ePoster is uploaded, a presenting author can also record an audio presentation to accompany the ePoster if they wish using the abstract presenter portal. The submission deadline for an ePoster and audio presentation is May 31.

Detailed instructions on how to upload an ePoster and record an audio presentation on ASN's online abstract presenter portal will be emailed to presenting authors on May 12.

Important notes regarding Nutrition 2020 LIVE Online virtual abstract presentations:

- Uploading an ePoster or recording an audio presentation is strongly recommended but not required.
- There is no set time schedule for virtual abstract presentations. Nutrition 2020 LIVE Online attendees will be encouraged to view abstracts and interact directly with presenting authors by email during and after the meeting dates.
- Presenting authors will also receive a unique URL for a Nutrition 2020 LIVE Online schedule planner webpage that will include their abstract's title, text, author list, as well as the ePoster and audio recording if provided. These unique URLs will be sent to presenting authors on May 31, 2020 in advance of Nutrition 2020 LIVE Online's June 1 start date. Presenting authors can share their abstract's unique URL via social media if they wish.

Please review the following guidelines and instructions to ensure a successful presentation.

Questions? Please contact education@nutrition.org.

Policies and Publication Information

Abstract Withdrawal

If an abstract must be withdrawn due to an unforeseen circumstance, please contact education@nutrition.org by May 8, 2020. In the subject line, please include "Abstract Withdrawal." Withdrawn abstracts will not be published in *Current Developments or Nutrition* or appear in Nutrition 2020 LIVE Online materials such as the online schedule planner or mobile app. Withdrawn abstracts cannot be presented virtually as part of Nutrition 2020 LIVE Online. Please note that the abstract submission fee is non-refundable and cannot be refunded if the abstract is withdrawn.

Abstracts must be withdrawn by May 8, 2020.

Abstract Publication

Abstracts will be published in ASN's open access journal *Current Developments in Nutrition*. Abstracts will be published verbatim using the text and information provided during abstract submission. Abstract authors will be listed in the same order as they were included in the abstract submission.

While abstracts will be published in *Current Developments in Nutrition*, abstracts will not be indexed in PubMed this year.

Prior Publication

If the accepted abstract is also submitted as a manuscript for publication, authors are responsible for coordinating a publication date that abides by Nutrition 2020 LIVE Online's embargo policy. If publication occurs online or in print before the specific embargo date and time, the abstract must be withdrawn. Please notify ASN via e-mail at education@nutrition.org.

Embargo Policy

Accepted abstracts are embargoed until either their publication in *Current Developments in Nutrition*, the schedule planner, or the meeting app, whichever happens first. An embargo means that information and data pertaining to the abstract may not be announced, publicized or distributed before the embargo date and time. Members of the media, bloggers, investigators and public information officers as well as organizations issuing press releases are required to abide by the embargo policy.

Abstract submitters will be notified if the Nutrition 2020 LIVE Online communications staff decides to release an abstract earlier to support additional media promotion.

Promotion of general topics, speakers or presentation times is allowed and encouraged as long as specific findings and data to be presented are not included in the announcement.

If you have questions about the embargo policy, please contact the communications team at media@nutrition.org.

Virtual Abstract Presentation Guidelines and Instructions

ASN is excited to feature virtual abstract presentations during Nutrition 2020 LIVE Online. All accepted abstracts, including each abstract's title, text, and author list, will be available and searchable to anyone with internet access through the Nutrition 2020 LIVE Online schedule planner and mobile app.

Presenting authors have the option of including the following items as part of their virtual abstract presentation.

- **ePoster:** An ePoster (PDF) can be uploaded to accompany the abstract online. ePosters will be accessible on the Nutrition 2020 LIVE Online schedule planner and mobile app.
- **Audio Presentation:** An audio presentation of up to 10 minutes can be recorded on ASN's abstract presenter portal to accompany the abstract and ePoster online, if an ePoster has been uploaded. The audio presentation will be available for one year on the Nutrition 2020 LIVE Online schedule planner and mobile app.

Beginning on May 12, presenting authors will be invited to use ASN's online abstract presenter portal to upload an ePoster. If an ePoster is uploaded, a presenting author can also record an audio presentation to accompany the ePoster if they wish using the abstract presenter portal. The submission deadline for an ePoster and audio presentation is May 31.

Detailed instructions on how to upload an ePoster and record an audio presentation on ASN's online abstract presenter portal will be emailed to presenting authors on May 12.

IMPORTANT NOTES:
- Uploading an ePoster or recording an audio presentation is strongly recommended but not required.
- **Detailed instructions on how to upload an ePoster and record an audio presentation will be emailed to presenting authors on May 12, 2020.**
- There is no set time schedule for virtual abstract presentations. Nutrition 2020 LIVE Online attendees will be encouraged to view abstracts and interact directly with presenting authors by email during and after the meeting dates.
- Presenting authors will also receive a unique URL for a Nutrition 2020 LIVE Online schedule planner webpage that will include their abstract's title, text, author list, as well as the ePoster and audio recording if provided. These unique URLs will be sent to presenting authors on May 31, 2020 in advance of Nutrition 2020 LIVE Online's June 1 start date. Presenting authors can share their abstract's unique URL via social media if they wish.

ePoster Instructions

Submission Opens: May 12, 2020
Submission Deadline: May 31, 2020

Presenting authors can upload an ePoster for their abstract as part of their virtual abstract presentation. ePosters provide the opportunity for additional information about the work discussed in the abstract to be presented and disseminated. Presenting authors will be asked to confirm that the ePoster has been approved by all co-authors before uploading it.

Unpublished data should be included on the ePoster at the authors' discretion.

ePoster File Requirements:

- All ePosters will be uploaded using ASN's abstract presenter portal. Instructions will be provided on May 12.
- For publishing purposes, the ePoster must be a PDF file at highest resolution possible.
- The aspect ratio (ratio of width to height) should ideally be set to '16:9'.
- The ePoster is limited to one page only. That means one single page for your PDF file.
- Fonts should be sans-serif (e.g., Arial, Calibri, etc.)
- Minimum font size should not be smaller than 6pt.

Guidelines:

The following guidelines will help improve the effectiveness of your poster:

- The message should be clear and understandable without oral explanation.
- *Headline Strip:* ePosters should include a headline strip that runs the full width of the poster. Include the title, presenting author, co-authors, and affiliations. The email address of the presenting author should also be included.
- *Initial Sketch:* Plan your ePoster early. Focus your attention on a few key points that follows the main headings in your abstract typically Objectives, Methods, Results, and Conclusions.
- *Rough Layout:* Enlarge your best initial sketch, keeping the dimensions in proportion to the final poster. Ideally, the rough layout should be full size. A blackboard is a convenient place to work. Print the title and headlines. Draw rough graphs and tables.
- *Final Layout:* The artwork is now complete. The text and tables are typed. Now ask, is the message clear? Do the important points stand out? Is there a balance between words and illustrations? Is there spatial balance? Is the flow from Objectives, Methods, Results and Conclusions easy to follow?
- *Balance:* The figures and tables should cover slightly more than 50% of the poster area. If you have only a few illustrations, make them large. Do not omit the text, but keep it brief. The poster should be understandable without oral explanation.
- *Topography:* Avoid abbreviations, acronyms, and jargon. Use a consistent font throughout.
- *Eye Movement:* The movement of the eye over the poster should be natural, down the columns or along the rows. Size attracts attention. Arrows, pointing hands, numbers, and letters can help clarify the sequence.
- *Simplicity:* Resist the temptation to overload the poster.

Audio Presentation Instructions

Submission Opens: May 12, 2020
Submission Deadline: May 31, 2020

Presenting authors can record an audio presentation for their abstract as part of their virtual abstract presentation if an ePoster has been uploaded. Audio presentations provide the opportunity for the abstract to be presented orally. Presenting authors will be asked to confirm that all co-authors have consented to an audio presentation being included as part of the virtual abstract presentation.

Unpublished data should be included in the audio presentation at the authors' discretion.

Audio Presentation Requirements:
- An ePoster must be uploaded before an audio presentation can be recorded.
- All recordings will be made using ASN's abstract presenter portal. Instructions will be provided on May 12.
- The maximum audio presentation length is up to 10 minutes.

Guidelines:
The following guidelines will help improve the effectiveness of your audio presentation:
- Give a brief summary of the work discussed in the abstract.
- Highlight major findings and other noteworthy or interesting details.
- Rehearse ahead of time. Think about delivery – what you will say and how you will say it.
- Talk slow and steady. Limit your talk to the essentials only. Make sure you don't speak fast, trying to fit everything in.