



**American Society for Nutrition
NUTRITION 2021 LIVE ONLINE**

Purpose

American Society for Nutrition leads efforts to provide science-based nutrition information that is essential to advancing knowledge and improving health around the world. Its Nutrition Education Program is designed to keep nutrition professionals up to date on the latest science and trends and embraces new technologies to broaden knowledge in innovative ways. It provides high caliber, engaging education to support continuing education for nutrition professionals and healthcare providers through webinars, meetings, symposia, workshops, and online learning.

NUTRITION 2021 LIVE ONLINE brings together top nutrition scientific researchers, practitioners, global and public health professionals, policy makers and advocacy leaders, industry, media and other related professionals to examine the latest advances in nutrition science and discuss clinical applications.

The meeting is organized around critical topics including:

- Cellular and Physiological Nutrition/Metabolism
- Clinical and Translational Nutrition
- Global and Public Health Nutrition
- Population Science
- Food Systems
- From Research to Practice
- Career/Professional Development

Needs Assessment

NUTRITION 2021 LIVE ONLINE, advances clinical practice through state-of-the-art education focused on the many aspects of nutrition science including basis science, clinical research and public health interventions.

ASN uses a planning process that links identified professional practice gaps and education needs with desired results in its provision of education activities. It identifies professional practice gaps and education needs through a variety of evidence-based sources, as well as activity evaluation summaries and member surveys.

NUTRITION 2021 LIVE ONLINE, along with all ASN education activities, seeks to reach healthcare professionals with the knowledge and competence they need in nutrition science and practice.

Research has indicated that nutrition is minimally addressed in medical schools and residencies. Physicians are trained to treat diseases with less emphasis on preventative medicine including the importance of nutrition and other lifestyle factors. Most physicians recognize this deficiency and seek out ways to improve their knowledge, competence, and practice in this area.

Keywords

- COVID-19 and Nutrition
- Diet and Cancer

- Dietary Bioactive Components
- Eating Frequency and Chrononutrition
- Energy and Macronutrient Metabolism
- Experimental Animal Nutrition
- Food Choice, Markets and Policy
- Maternal, Perinatal and Pediatric Nutrition
- Neuroscience/Nutrition and the Brain
- Nutrient-Gene Interactions
- Nutritional Epidemiology
- Nutritional Immunology and Inflammation/Immunometabolism
- Nutritional Microbiology/Microbiome
- Obesity
- Sports Nutrition and Physical Activity
- Vitamins and Minerals

Target Audience

- Researchers
- Physicians
- Dietitians
- Physician Assistants and Nurse Practitioners
- Academic Faculty
- Health Educators
- Behavioral Specialists
- Nurses
- Pharmacists
- Undergraduate/Graduate Students/Postdoctoral Fellows
- Medical Students and Residents
- Wellness Professionals

Overall Outcome Objectives

- Critically appraise current nutrition and obesity research and advances in basic and clinical science of nutrition, obesity, metabolism, and related conditions
- Integrate current research findings into the clinical practice of nutrition and public health
- Recognize importance of developing nutrition strategies to address special health considerations across a patient's lifespan
- Embrace technologies that broaden competence in innovative nutrition research and practice
- Identify practice gaps within clinical nutrition and public health that impact health outcomes

Competencies

The Desirable Physician Attributes addressed in this activity are:

- Systems-Based Practice
- Medical Knowledge
- Interpersonal and Communication Skills
- Professionalism

Media Used

NUTRITION 2021 LIVE ONLINE is a live internet education activity composed of a series of lectures, scientific sessions, satellite programs, virtual abstract presentations, interactive discussions, and networking viewed in a digital format.

Method of Participation in the Learning Process

Participants are able to access the live internet activity through a pre-assigned portal and log-in information. It ends with an assessment of the learner's comprehension of the subject matter and an evaluation survey of each session.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the American Society for Nutrition (ASN). The American Society for Nutrition is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Physicians

The ASN designates this live internet activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim credit commensurate with the extent of their participation in the activity. Credit will be awarded on a per session basis, upon successful completion of the session evaluation.

The certificate you receive upon completion of this education activity will list the amount of continuing medical education credit you were **awarded**. Please use this documentation for your CME licensing or certification needs.

[Click here](#) for more information regarding sessions for which CME credits for physicians are available for live attendance.

Dietitians/Dietetic Technicians

ASN (Provider #NS010) is accredited and approved by the Commission on Dietetic Registration (CDR) as a provider of Continuing Professional Education (CPE) programs for Registered Dietitians.

ASN designates this live activity for a maximum of 15 CPE credits.

[Click here](#) for more information regarding sessions for which CPE credits for RDs are available for live attendance.

Activity Type: 171 Live Webinars and Teleseminars

Activity Number: 163888

CPE Level 2

Performance Indicators/Learning Objectives

- 12.3.2 Applies community-based and population-based models and theories in the development of programs and/or interventions.
- 4.2.6 Analyzes and synthesizes information and identifies new information, patterns and findings.
- 6.2.3 Interprets data to make recommendations and to inform decisions.
- 6.2.5 Applies research/evidence-based findings to improve practice, service delivery, and health and nutrition of customers.

National Commission for Health Education Credentialing (NCHEC)

The American Society for Nutrition is a designated provider (Provider #101787) of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc.

This program is designated for Certified Health Education Specialists (CHES) and Master Certified Health Education Specialists (MCHES) to receive up to 12 Category I contact hours in health education.

ASN designates this live activity for a maximum of 12 entry-level CECH.

[Click here](#) for more information regarding sessions for which CECH for Certified Health Education Specialists are available for live attendance.

Non-physician and Non-dietetic Healthcare Professionals

ASN does not offer CME credit to non-physicians. However, all non-physician and non-dietetic healthcare professionals at NUTRITION 2021 LIVE ONLINE will be able to complete an evaluation and download a Certificate of Participation. This certificate designates your participation in this education activity. It lists the amount of continuing medical education credit that has been designated for physicians by ASN. You should be able to use this documentation for your licensing or certification needs. To determine if activities designated for *AMA PRA Category 1 Credit™* are acceptable for your licensing or certification needs, please contact your credentialing body directly. Please note ASN cannot guarantee its acceptance.

Instructions for Claiming Credit

In order to receive CME/CE credit for this activity, you must complete the activity evaluation survey accessible by clicking Claim CE Credit under the Continuing Education section on the left-hand panel of the meeting platform. Feedback on each session must be provided. CME/CE credit will not automatically be awarded. Follow all instructions for completing the evaluation. Credit must be claimed and certificates must be downloaded by July 31, 2021.

Disclosure Policy

The American Society for Nutrition supports fair and unbiased participation of individuals in its education activities. Any real or potential conflicts of interest must be identified and managed. All relevant financial relationships with commercial interests that directly impact and/or might conflict with ASN activities must be disclosed, or disclosure that no relevant financial relationships exist must be documented. Other relationships that could cause private interests to conflict with professional interests must also be disclosed. This policy is intended to openly identify any potential conflict so that participants in an education activity are able to form their own judgments about the presentation. In addition, disclosure must be made of presentations on drugs or devices or uses of drugs or devices that have not been approved by the Food and Drug Administration.

Disclosures

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National Dairy Council
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Northwest Cherry Growers
Nutrient Institute
POM Wonderful
Sight and Life Foundation
Soy Nutrition Institute
The Stokstad Family
The Sugar Association
The Sunde Family
Robert Suskind and Leslie Lewinter-Suskind
Takeda
Tufts University

Exhibitors

American Society for Nutrition
American Society for Nutrition Foundation
American Society for Parenteral and Enteral Nutrition
Avocado Nutrition Center
Azur Global Nutrition
Bioenergy Life Science, Inc. (BLS)
Biofortis
Bio-Serv
ChromaDex
Columbus Instruments
Cornell University
Danone North America
Dyets Inc.
Eat Well Connect
Elsevier
Encala™ Envara Health
Envigo
Herbalife Nutrition
INQUIS Clinical Research
Kappa Biosciences
Karger Publisher
Loma Linda University School of Public Health
MDPI
National Peanut Board
Northwest Cherry Growers
Nutritics
Nutrition.gov
Oxford University Press - Publisher of the ASN Journals
Peanut Institute
Perrigo Pediatrics
Piper Biosciences
POM Wonderful
Real Food Blends
Soy Nutrition Institute
The Nutrition Society
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